

Ashtree Primary School and Nursery Medium Term Plan for PSHE

Year 5 Summer Term – Drugs and alcohol

Prior Knowledge -Year 4:

- To know what alcohol is and how it affects the body
- To know there are risks to drinking alcohol
- To know some laws about drinking alcohol

Prior skills - Year 4:

1. To understand the effect alcohol has on the body
 - 1.1 To understand that everyone will be affected differently by alcohol
2. To understand the risks related to drinking alcohol
3. To consider how society limits the drinking of alcohol
 - 3.1 To consider ways of persuading people to drink alcohol sensibly

Key Knowledge :

- To know about a range of legal and illegal drugs
- To have some understanding of the effects and risks of illegal drugs
- To explore attitudes to drug use
- To understand that all sorts of people may misuse drugs
- To know a range of skills to resist peer pressure

Key Skills:

1. To explore a range of legal and illegal drugs, their risks and effects
 - 1.1 To have considered attitudes and beliefs about drug use and drug users
2. To challenge myths about drug use
3. To have considered strategies to resist drug use
 - 3.1 To develop some assertiveness skills

Future Knowledge -Year 6:

- To know what effect cannabis can have on your health and life
- To know the legal consequences of using cannabis
- To know the effects and risks of volatile substance abuse
- To know how to get and to give help
- To know how to access help and support

Vocabulary:

Tobacco, Alcohol, Cannabis, Volatile, Substances, Cocaine, Heroin, Ecstasy, Volatile Substances,