

# *Ashtree Primary School and Nursery Medium Term Plan for PE*

## Year 5 Invasion Games -Hockey – Autumn Term

### **Prior Skills and Knowledge – Year 4 Invasion Games - Netball**

The unit of work will develop pupils' ability to apply the principles of attack vs defence, with a particular focus on creating simple attacking tactics in order to move the ball up the court, creating an attack that results in a shooting opportunity.

### **Key Vocabulary**

Tactics      Marking  
Attack      Counter Attack  
Man to Man Marking  
Goal Side

The unit of work will challenge pupils to develop an understanding of the rules of hockey and will start to take responsibility for officiating their own games. Pupils will be able to develop tactics for both attacking and defending and apply these successfully within their team.

### **Key Skills**

Step 1 – Re-cap the PE Ground Rules

Step 2 - to refine dribbling and passing skills, combining these skills together to create an attack that results in a shooting opportunity.

Step 3 - to develop pupils' knowledge and understanding of defending, (marking, tackling and blocking) and how this is applied during a game to prevent attacking opportunities.

Step 4 - to refine shooting, applying this into game situations.

Step 5 - to refine attacking skills from steps 1 and part 3. Pupils should have a clear understanding of when, where and why they apply these skills during a game.

Step 6 - to refine defending skills from step 2.

Step 7 - to bring together the suggested sequence of learning into a level 1 tournament.

See Complete PE - Year 5 Games: Invasion: Hockey for lesson plans and assessment tools.

### **Key Knowledge**

**Tactics:** Tactics are a carefully planned set of actions that are used by a team or an individual to attaining a certain goal.

**Marking:** Marking is when the attacking player has received the ball and you are making it difficult for them to pass the ball on by restricting their options.

**Attack:** The aim of the game for the attackers is to score a goal. When a team are in possession of the ball they need to work together and apply their understanding of passing, moving and dribbling to create a shooting opportunity.

**Counter Attack:** A counter attack is a tactic employed by the team gaining possession who immediately attack after regaining the ball from defending the opponent's attack.

**Man-to-Man Marking:** is a defensive tactic used where each player is assigned to defend and follow the movements of particular player on the opposite team.

**Goal Side:** is a defensive tactic used when a defender marks an opponent. This is where the defender positions themselves between the attacker and the goal, increasing the defenders chances of preventing an attack.

### **Possible Misconceptions**

**Timing of when to hit**

**Spaces to run into**

**Incorrect way to hold the hockey stick**

### **This will lead to . . . Y6 Invasion Games - Hockey**

Pupils will learn to consistently apply effective attacking skills, applying decision making in order to keep possession and score. Pupils will in turn apply pressure when defending to regain possession effectively.