

Ashtree Primary School and Nursery Medium Term Plan for PSHE

Year 4 Summer Term – Drugs and alcohol

Prior Knowledge -Year 3:

- To know how smoking affects people
- To know some of the effects of smoking on the body
- To know about passive smoking
- To know the rules and laws to prevent smoking
- To know some strategies to prevent starting smoking

Key Knowledge :

- To know what alcohol is and how it affects the body
- To know there are risks to drinking alcohol
- To know some laws about drinking alcohol

Vocabulary:

Alcohol, units, aggressive, irrational, legal, law

Prior skills - Year 3:

1. To consider smoking and its effects
2. To understand the impact of smoking and passive smoking
3. To be able to make the positive choice not to smoke

Key Skills:

1. To understand the effect alcohol has on the body
 - 1.1 To understand that everyone will be affected differently by alcohol
2. To understand the risks related to drinking alcohol
3. To consider how society limits the drinking of alcohol
 - 3.1 To consider ways of persuading people to drink alcohol sensibly

Future Knowledge - Year 5:

- To know about a range of legal and illegal drugs
- To have some understanding of the effects and risks of illegal drugs
- To explore attitudes to drug use
- To understand that all sorts of people may misuse drugs
- To know a range of skills to resist peer pressure