## Ashtree Primary School and Nursery Medium Term Plan for PE

# Year 4 Invasion Games - Netball – Autumn Term

## Prior Skills and Knowledge – Year 3 Invasion Games - Netball

The unit of work will explore how to apply the principles of attack vs defence, with a particular focus on passing and moving. Pupils will learn how to keep possession and eventually score in order to win a modified game.

### Key Vocabulary

Attacker Defender Possession Chest pass Footwork

The unit of work will develop pupils' ability to apply the principles of attack vs defence, with a particular focus on creating simple attacking tactics in order to move the ball up the court, creating an attack that results in a shooting opportunity.

#### Key Skills

Step 1 – Recap PE Ground Rules

Step 2 - Recap prior learning from year 3, what do pupils remember? The focus of the learning is to see how effectively pupils can apply their passing and moving skills to keep possession, developing this concept into a mini game situation.

Step 3 - The focus of the learning is to develop passing and creating space building up into mini games, where pupils explore the transition between attack and defence, working out simple tactics for creating space and keeping possession.

Step 4 - The focus of the learning is to ensure pupils understand not just how we shoot but also where to shoot from (court position) and why? Pupils should be able to use their prior learning of passing and moving, to move the ball up the court, creating an attack that results in a shooting opportunity.

Step 5 - The focus of the learning is to refine pupils shooting technique and understanding of where they shoot (court position) and why? Pupils should be able to use their prior learning of passing and moving, to move the ball up the court, creating an attack that results in a shooting opportunity.

Step 6 - The focus of the learning is to develop pupil's understanding of the footwork rule and how they can be more effective with their feet to increase the speed and fluidity of their movements. Pupils should be able to use their prior learning of passing and moving, to move the ball up the court, creating an attack that results in a shooting opportunity.

Step 7 - The focus of the learning is to bring together the suggested sequence of learning into a level 1 tournament.

See Complete PE - Year 4 Games: Invasion: Netball for lesson plans and assessment tools.

## Key Knowledge

Attacker: We are considered an 'attacker' when we are in possession of the ball or in control of the ball. A player whose task is to attack the opposition in an attempt to score. Space for one more line!

Defender: We are considered a 'defender' when we are not in possession of the ball or when the ball is not in our control. A player whose task it is to prevent the opposition scoring and to regain possession.

Possession: Is when we have physical control of the ball or other implement of play. This could be when working individually or as part of a team. It is when we have 'possession' that we can create the opportunity to score.

Chest Pass: Is thrown by gripping the ball on the sides with the thumbs directly behind the ball. When using a chest pass, the passer should strive to throw the ball to the receiver's chest level.

Footwork: A player can receive the ball with both feet grounded or jump to catch the ball and land on two feet simultaneously. The landing foot cannot be moved, other than to pivot on the spot, whilst the other foot can be moved in any direction.

## **Possible Misconceptions**

I can run anywhere. Players are not restricted to zones.

It is a contact sport.

I can run with the ball.

I can dribble the ball like Basketball.

## This will lead to . . . Y5 Invasion Games - Hockey

Pupils will develop an understanding of the rules of hockey and will start to take responsibility for officiating their own games. Pupils will be able to develop tactics for both attacking and defending and apply these successfully within their team.