

# *Ashtree Primary School and Nursery Medium Term Plan for PSHE*

## **Year 3 Summer Term – Drugs and alcohol**

### **Prior Knowledge –Year 2:**

- To know what is safe or unsafe
- To know when something is too risky
- To know that some things we put into our bodies can harm us
- To know some rules about keeping safe

### **Prior skills – Year 2:**

1. To explore substances and situations that are safe or unsafe
2. To be able to identify some hazardous substances
3. To consider safety rules for at home and at school
- 3 1 To be able to follow safety instructions and rules at home and at school

### **Key Knowledge :**

- To know how smoking affects people
- To know some of the effects of smoking on the body
- To know about passive smoking
- To know the rules and laws to prevent smoking
- To know some strategies to prevent starting smoking

### **Vocabulary:**

Cigarettes,  
tobacco, vapes,  
cigars, nicotine

### **Key Skills:**

1. To consider smoking and its effects
2. To understand the impact of smoking and passive smoking
3. To be able to make the positive choice not to smoke

### **Future Knowledge – Year 4:**

- To know what alcohol is and how it affects the body
- To know there are risks to drinking alcohol
- To know some laws about drinking alcohol