

# *Ashtree Primary School and Nursery Medium Term Plan for PSHE*

## **Year 2 Summer Term – Drugs and alcohol**

### **Prior Knowledge –Year 1:**

- To understand how to look after our bodies
- To know how medicines get into our bodies
- To know why people use medicines
- To understand that some people need to take medicines all the time to stay healthy
- To know when we should take medicines and who should give them to us.
- To know the rules about medicines

### **Prior skills – Year 1:**

1. To identify how to stay healthy
2. To explore when and how to take medicines safely
3. To identify who should be able to give us medicine

### **Key Knowledge :**

- To know what is safe or unsafe
- To know when something is too risky
- To know that some things we put into our bodies can harm us
- To know some rules about keeping safe

### **Key Skills:**

1. To explore substances and situations that are safe or unsafe
2. To be able to identify some hazardous substances
3. To consider safety rules for at home and at school
- 3.1 To be able to follow safety instructions and rules at home and at school

### **Future Knowledge – Year 3:**

- To know how smoking affects people
- To know some of the effects of smoking on the body
- To know about passive smoking
- To know the rules and laws to prevent smoking
- To know some strategies to prevent starting smoking

### **Vocabulary:**

Risk, hazard, corrosive, irritant, flammable, toxic, explosive