

## Year 1 Striking and Fielding (Rackets, Bats & Balls) – Summer Term

### **Prior Skills and Knowledge – EYFS Striking and Fielding**

To combine different movements with ease and fluency.

To develop and refine a range of ball skills including: throwing, catching, kicking, passing, batting, and aiming.

To develop confidence, competence, precision and accuracy when engaging in activities that involve a ball.

### **Key Vocabulary**

Possession, control, attacker, defender, dribbling, accuracy, hitting, power

The focus of the learning is for pupils to develop their ability to keep a ball controlled using a racket. Pupils will also explore and develop their hitting (pushing) skills using a ball and a racket accurately. Pupils will apply their understanding of accuracy and space in a variety of games.

### **Key Skills**

Step 1 - explore moving the ball using the racket, beginning an understanding of how and why we keep the ball close and controlled.

Step 2 - continue to develop an understanding of why moving a ball into a space is so important.

Step 3 - to apply their understanding of why moving a ball into a space is so important to evade defenders.

Step 4 - begin to understand why we need to aim at a target when hitting (pushing) the ball.

Step 5 - develop their understanding of the importance of being accurate as they apply their skills.

Step 6 - apply their understanding of accuracy in a variety of games.

See CompletePE - Year 1 Rackets, Bats and Balls for lesson plans and assessment tools.

### **Key Knowledge**

Possession is when we have physical control of the ball.

Control: means keeping the ball close to us when we are dribbling or pushing with our racket.

Attacker: We are considered an 'attacker' when we are in possession of the ball or in control of the ball. Our aim is to keep the ball away from the defenders.

Defender: We are considered a 'defender' when we are not in possession of the ball. The aim of the game for the defenders is to try and prevent the attackers from scoring.

Dribbling: is a method of moving with the ball. The attacker in possession of the ball uses their racket to push the ball around in order to move around the space.

Accuracy: is the ability to control where we are pushing or hitting the ball with our racket.

Hitting: means striking the ball with a racket with the purpose towards a target.

Power: is the intensity and speed that we hit a ball with our racket.

### **Possible Misconceptions**

### **This will lead to . . . Y2 (Rackets, Bats & Balls) Striking and Fielding**