

Ashtree Primary School and Nursery Medium Term Plan for PSHE

Year 1 Summer Term – RSE

Prior skills - EYFS:

1. To recognise the importance of saying sorry and forgiveness
2. To recognise that all families are different
3. Identify different members of the family
4. Understand how members of a family can help each other

Prior knowledge:

1. Know that friendships can make us feel happy
2. Know some ways that we can make new friends feel welcome
3. Know that arguing with friends and then making up can make friendships stronger
4. That resorting to violence is never right

Key Knowledge:

1. To understand that we are all different but can still be friends
2. Know that we can be friends with people who are different to us
3. Understand that babies need care and support
4. Know that older children can do more by themselves
5. Know there are different types of families
6. Know which people we can ask for help

Key Skills:

1. To discuss how children grow and change
2. To explore different types of families and who to ask for help
3. To identify who can help when families make us feel unhappy or unsafe

Future Knowledge:

1. To introduce the concept of gender stereotypes
2. Understand that some people have fixed ideas about what boy and girls can do
3. Understand how males and females are part of the lifecycle
4. Understand that making a new life needs a male and a female
5. To focus on sexual difference and name body parts

Vocabulary:

Baby, toddler, child, adult, mother, parent, sister, grandparent