

Ashtree Primary School and Nursery Medium Term Plan for PSHE

Year 1 Summer Term – Drugs and alcohol

Prior skills – EYFS:

- Increasingly follow rules, understanding why they are important.
- Do not always need an adult to remind them of a rule.
- Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'.

Schemes used:

Christopher Winters

Key Knowledge :

- To understand how to look after our bodies
- To know how medicines get into our bodies
- To know why people use medicines
- To understand that some people need to take medicines all the time to stay healthy
- To know when we should take medicines and who should give them to us.
- To know the rules about medicines

Key Skills:

1. To identify how to stay healthy
2. To explore when and how to take medicines safely
3. To identify who should be able to give us medicine

Vocabulary:

healthy, unhealthy, medicine, injection, tablets, nasal spray, alcohol,

Future Knowledge:

- To know what is safe or unsafe
- To know when something is too risky
- To know that some things we put into our bodies can harm us
- To know some rules about keeping safe