

## *Ashtree Primary School and Nursery Medium Term Plan for PE*

### Year 1 Attack v Defence Games for understanding Autumn Term

#### **Prior Skills and Knowledge – EYFS**

The unit of work will explore why we need to follow the rules and keep the score during a game. Pupils will learn how to apply very simple tactics for attacking and defending in games.

#### **Key Vocabulary**

Attacker	Defender	Space
Rules	Tactics	Team

The unit of work will develop pupils' ability to apply the principles of attack vs defence, with a particular focus on creating simple attacking tactics in order to move the ball up the court, creating an attack that results in a shooting opportunity.

#### **Key Skills**

Step 1 – Recap the Ground Rules for PE

Step 2 - The focus of the learning is to understand the basic principles of attack. Pupils will learn what 'attacking' means and why we attack during a game.

Step 3 - The focus of the learning is to apply simple attacking principles into a game situation.

Step 4 - The focus of the learning is to understand the basic principles of defence. Pupils will learn what 'defending' means and why we defend during a game. Pupils will understand why we need to prevent the attackers from scoring.

Step 5 - The focus of the learning is to apply simple defending principles into a game situation.

Step 6 - The focus of the learning is to consolidate pupils' knowledge of how, where and why to attack in a game.

Step 7 - The focus of the learning is to consolidate pupils' knowledge of how, where and why to defend in a game.

See Complete PE - Year 1 Games for understanding for lesson plans and assessment tools.

### **Key Knowledge**

Attacker: We are considered an 'attacker' when we or our team are in possession of the ball or we are trying to avoid a defender to score a point. The aiming of the game for the attackers is to score as many points as possible.

Defender: We are considered a 'defender' when we are not in possession of the ball or we are trying to tag an attacker. The aim of the game for the defenders is to prevent the opposition (attackers) from scoring.

Space: is an open area on the pitch that is unoccupied by a defender or the defending team. The attackers need to identify an open space to run into to avoid being tagged by a defender.

Rules: are a set of regulations or principles that govern a particular activity that ensures that the activity is played fairly and safely

Tactics: Tactics are a carefully planned set of actions that are used by a team or an individual to attain a certain goal.

Team: A team is a group of people who work together with the objective of achieving the same a goal

### **Possible Misconceptions**

The word attack means 'fight.'

Space is up in the sky.

Pupils are uncertain which way/end to score.

### **This will lead to . . . Y2 Games for Understanding Spring**

The unit of work will challenge pupils to create simple defending and attacking tactics, while continuing to develop an understanding of the transition from defence to attack. Pupils will apply these tactics as a team into games.