

Ashtree Primary School PE Whole School Overview 2023-24

| Intent Statement | | | | | | |
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| PE at Ashtree Primary School will focus on giving pupils a range of physical activities. Pupils will receive the opportunity to 'play' in their lessons, and consider carefully what rules are within games, what fair play is, and what team work means. Pupils will consider the effects of physical activity on their body both physically and mentally. | | | | | | |
| | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| Nursery | Striking and fielding games | Dance ABC | Gymnastics | Body Control | Ball skills - handling | Walking skills Sports Day Practice |
| Reception | Games for understanding | Dance ABC | Gymnastics | Ball skills - handling | Ball skills - feet | Jumping skills Sports Day Practice |
| Year 1 | Games for understanding | Dance Team Building | Gymnastics | Ball skills - handling | Striking and fielding games | Running Skills Sports Day Practice |
| Year 2 | Games for understanding | Dance Team Building | Gymnastics | Ball skills - handling | Striking and fielding games | Dodging Skills Sports Day Practice |
| Year 3 | Invasion Games - Netball | Dance | Gymnastics | Swimming Dodgeball | Striking and fielding Cricket | Athletics |
| Year 4 | Invasion Games - Netball | Dance | Gymnastics | Dodgeball Mindfulness | Striking and fielding Cricket | Athletics |
| Year 5 | Invasion Games – Hockey | Dance | Gymnastics | Basketball | Striking and fielding Rounders | Athletics Healthy Lifestyles |
| Year 6 | Invasion Games - Hockey | Dance | Gymnastics | Basketball | Swimming Striking and fielding Rounders | Athletics OAA @ PGL |